Intro and Basic Exercises

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Student	Name	:								
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This Lesso	n:									
Date:				Instruct						
Aircraft:		N/D CDI	I/D	Registra	tion:					
Training: 1	PPL	N/R CPL	I/R	CONV						
Other:										
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Safety Topic	:									
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Student	Name	:								
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Date:				Instruct						
Aircraft:		N/D CDI	I/D	Registra	tion:					
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Student Sign	ature:			De-Briefing Time Spent:						

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Student	Name	:								
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This Lesso	n:									
Date:				Instruct						
Aircraft:		N/D CDI	I/D	Registra	tion:					
Training: 1	PPL	N/R CPL	I/R	CONV						
Other:										
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:				
Student Sign	ature:			De-Briefing Time Spent:						

Basic Exercises Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Taxying Skill.					
Quality of In-Flight checks / Vital Actions.					
Standard of Airmanship.					
Engine handling sequence and management.					
Feels / Hears & responds to changes in engine / airframe vibration.					
Pre-selects and Maintains correct a/c attitude after changes.					
Flies 'Eyes outside' and not instrument-fixated					
Fingers are relaxed and not clenched on control yoke / stick.					
Flies with Hands off control yoke / stick as much as possible.					
Elevator Trimming Skill.					
Correct use of Rudder and Rudder trimmer, when required.					
Maintains given altitude - aware of deviation; no prompting.					
Maintains given airspeed - aware of deviation; no prompting.					
Maintains given direction - aware of deviation; no prompting.					
Demonstrates co-ordinated use of controls during flight.					
Aware of change of stalling speed with manoeuvres / weight.					
Skill at slow flight and transition from slow flight to cruise and vice versa.					
Aware of wind direction & strength and effect on flight path.					
Mental alertness during this lesson.					
Level of preparation for this lesson.					
Aware of own position in training area at all times.					
Aware of position of other a/c via R/T reports and visually					
Maintains active Lookout for other a/c and notices nearby traffic.					
Radio Calls acceptable for the level of experience now at.					
Logbook neat, legible and up-to-date.					
Able to adapt to deviations from the norm: an airborne thinker.					
Ability to understand instructions					

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Student	Name	:								
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This Lesso	n:									
Date:				Instruct						
Aircraft:		N/D CDI	I/D	Registra	tion:					
Training: 1	PPL	N/R CPL	I/R	CONV						
Other:										
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		Solo								
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	Instru	ment training								
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:				
Student Sign	ature:			De-Briefing Time Spent:						

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This Lesso	n:									
Date:				Instruct						
Aircraft:		N/D CDI	I/D	Registra	tion:					
Training: 1	PPL	N/R CPL	I/R	CONV						
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:				
Student Sign	ature:			De-Briefing Time Spent:						

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Student	Name	:							
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This Lesso	n:								
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Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Basic Exercises Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Taxying Skill.					
Quality of In-Flight checks / Vital Actions.					
Standard of Airmanship.					
Engine handling sequence and management.					
Feels / Hears & responds to changes in engine / airframe vibration.					
Pre-selects and Maintains correct a/c attitude after changes.					
Flies 'Eyes outside' and not instrument-fixated					
Fingers are relaxed and not clenched on control yoke / stick.					
Flies with Hands off control yoke / stick as much as possible.					
Elevator Trimming Skill.					
Correct use of Rudder and Rudder trimmer, when required.					
Maintains given altitude - aware of deviation; no prompting.					
Maintains given airspeed - aware of deviation; no prompting.					
Maintains given direction - aware of deviation; no prompting.					
Demonstrates co-ordinated use of controls during flight.					
Aware of change of stalling speed with manoeuvres / weight.					
Skill at slow flight and transition from slow flight to cruise and vice versa.					
Aware of wind direction & strength and effect on flight path.					
Mental alertness during this lesson.					
Level of preparation for this lesson.					
Aware of own position in training area at all times.					
Aware of position of other a/c via R/T reports and visually					
Maintains active Lookout for other a/c and notices nearby traffic.					
Radio Calls acceptable for the level of experience now at.					
Logbook neat, legible and up-to-date.					
Able to adapt to deviations from the norm: an airborne thinker.					
Ability to understand instructions					

Advance GF Exercises

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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		Solo							
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Advanced Exercises Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks.					
Safety / Crew / Emergency Briefings.					
Crosswind take-offs and landings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Radio calls made without prompting and of acceptable standard.					
Always checks clear before turning.					
Quality of climbing and descending turns.					
Quality of medium and steep level turns.					
Transition from cruise to slow flight is quick and efficient.					
HASELL checks done without prompting and complete.					
Stall symptoms verbalized, especially nominates a stall speed.					
Verbalizes recognition of the stall.					
Recovers correctly from any stall.					
Recovers correctly from any incipient / full spin.					
FLWOP of a high standard.					
Precautionary landing of a high standard.					
Manages aircraft under traffic conditions in the GFA.					
FREDA checks done without prompting and complete.					
Circuit joining procedure correct.					
Able to space efficiently throughout the circuit [plans ahead].					
Competent at flapped, flapless and glide approaches.					
Aware of wind direction / strength and effect on flight path.					
Was mentally alert during this lesson.					
Had rehearsed / done required preparation for this Lesson.					
Aware of position of other a/c via R/T reports & visually.					
Able to adapt to deviations from the norm: an airborne thinker.					
Ability to understand instructions					

Circuit Training

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Student	Name	:							
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This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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		Solo							
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Circuit Training Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Safety / Crew / Emergency Briefings					
Directional control during take-off roll.					
Allows aircraft to fly itself off / use of ground effect					
Quality of in-Flight checks / Vital Actions					
Engine handling sequence and management acceptable.					
Simulated Engine Failure after take-off.					
Pre-turn scan: Lookout. Speed. Height.					
Downwind scan: Position, Altitude, Speed.					
Flies with Hands off control yoke / stick as much as possible.					
Height loss and speed control on Base-leg.					
Height, speed and centreline control on Finals.					
Maintains consistent attitude along Finals.					
Controls speed with throttle <i>I</i> Flaps on Finals.					
Controls ROD with throttle f Flaps on finals.					
Quality of Round-out					
Quality of Float and Hold-off.					
Quality of Landing.					
Aware of wind direction / strength and effect on flight path.					
Mentally Alert during this lesson.					
Quality of preparation for this Lesson.					
Aware of position of other <i>alc</i> via R/IT reports & visually.					
Able to space efficiently throughout the circuit [plans ahead].					
Quality of Radio Calls.					
Competent at crosswind circuit, particularly landings.					
Recovery from ballooning / go-around.					
Ability to adapt to deviations from the norm: an airborne thinker.					
After Landing procedures					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Dual / Progress Check Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of pre-flight checks.					
Quality of ground checks.					
Taxying skill.					
Safety / Crew / Emergency Briefings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Feels/hears & responds to changes of engine pitch & airframe vibrations.					
Pre-selects and maintains correct a/c attitude after changes.					
Flies "Eyes Outside"					
Handling of control yoke/stick as light as possible (Light touch)					
Elevator/Rudder Trimming skill.					
Can maintain given altitude/heading/airspeed, requires no prompting.					
Demonstrates co-ordinated use of controls during flight.					
Monitors engine and electrical gauges during flight.					
Skill at slow flight and transition from slow to cruise and vice versa.					
Aware of wind direction/strength and effect on flight path.					
Is mentally alert during the lesson.					
Readiness and preparation for the lesson.					
Aware of own position in training area/circuit at all times					
FREDA checks done without prompting and complete.					
Circuit joining procedure correct.					
Aware of position of other a/c via R/T reports.					
Maintains active lookout for other a/c and notices nearby traffic.					
Radio calls of acceptable standard.					
Log book neat, legible and up-to-date.					
Aware of and understands any mistakes made during the lesson.					
Standard of airmanship.					
Able to adapt to deviations from the norm: an airborne thinker.					
Other (specify):					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Circuit Training Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Safety / Crew / Emergency Briefings					
Directional control during take-off roll.					
Allows aircraft to fly itself off <i>I</i> use of ground effect					
Quality of in-Flight checks / Vital Actions					
Engine handling sequence and management acceptable.					
Simulated Engine Failure after take-off.					
Pre-turn scan: Lookout. Speed. Height.					
Downwind scan: Position, Altitude, Speed.					
Flies with Hands off control yoke / stick as much as possible.					
Height loss and speed control on Base-leg.					
Height, speed and centreline control on Finals.					
Maintains consistent attitude along Finals.					
Controls speed with throttle <i>I</i> Flaps on Finals.					
Controls ROD with throttle f Flaps on finals.					
Quality of Round-out					
Quality of Float and Hold-off.					
Quality of Landing.					
Aware of wind direction / strength and effect on flight path.					
Mentally Alert during this lesson.					
Quality of preparation for this Lesson.					
Aware of position of other <i>alc</i> via R/IT reports & visually.					
Able to space efficiently throughout the circuit [plans ahead].					
Quality of Radio Calls.					
Competent at crosswind circuit, particularly landings.					
Recovery from ballooning / go-around.					
Ability to adapt to deviations from the norm: an airborne thinker.					
After Landing procedures					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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		Solo							
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Circuit Training Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Safety / Crew / Emergency Briefings					
Directional control during take-off roll.					
Allows aircraft to fly itself off <i>I</i> use of ground effect					
Quality of in-Flight checks / Vital Actions					
Engine handling sequence and management acceptable.					
Simulated Engine Failure after take-off.					
Pre-turn scan: Lookout. Speed. Height.					
Downwind scan: Position, Altitude, Speed.					
Flies with Hands off control yoke / stick as much as possible.					
Height loss and speed control on Base-leg.					
Height, speed and centreline control on Finals.					
Maintains consistent attitude along Finals.					
Controls speed with throttle <i>I</i> Flaps on Finals.					
Controls ROD with throttle f Flaps on finals.					
Quality of Round-out					
Quality of Float and Hold-off.					
Quality of Landing.					
Aware of wind direction / strength and effect on flight path.					
Mentally Alert during this lesson.					
Quality of preparation for this Lesson.					
Aware of position of other <i>alc</i> via R/IT reports & visually.					
Able to space efficiently throughout the circuit [plans ahead].					
Quality of Radio Calls.					
Competent at crosswind circuit, particularly landings.					
Recovery from ballooning / go-around.					
Ability to adapt to deviations from the norm: an airborne thinker.					
After Landing procedures					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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Safety Topic	:								
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Circuit Training Student:		Gı	rad	ing	
<u>Aspect</u>	Α	В	С	D	N/A
Quality of Ground checks					
Safety / Crew / Emergency Briefings					
Directional control during take-off roll.					
Allows aircraft to fly itself off <i>I</i> use of ground effect					
Quality of in-Flight checks / Vital Actions					
Engine handling sequence and management acceptable.					
Simulated Engine Failure after take-off.					
Pre-turn scan: Lookout. Speed. Height.					
Downwind scan: Position, Altitude, Speed.					
Flies with Hands off control yoke / stick as much as possible.					
Height loss and speed control on Base-leg.					
Height, speed and centreline control on Finals.					
Maintains consistent attitude along Finals.					
Controls speed with throttle <i>I</i> Flaps on Finals.					
Controls ROD with throttle f Flaps on finals.					
Quality of Round-out					
Quality of Float and Hold-off.					
Quality of Landing.					
Aware of wind direction / strength and effect on flight path.					
Mentally Alert during this lesson.					
Quality of preparation for this Lesson.					
Aware of position of other <i>alc</i> via R/IT reports & visually.					
Able to space efficiently throughout the circuit [plans ahead].					
Quality of Radio Calls.					
Competent at crosswind circuit, particularly landings.					
Recovery from ballooning / go-around.					
Ability to adapt to deviations from the norm: an airborne thinker.					
After Landing procedures					

GF Solo Preparation And Solo Work Advanced Exercises

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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		Dual							
		Solo							
_		Total							
	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Advanced Exercises Student:		Gı	rad	ing	
<u>Aspect</u>	А	В	С	D	N/A
Quality of Ground checks.					
Safety / Crew / Emergency Briefings.					
Crosswind take-offs and landings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Radio calls made without prompting and of acceptable standard.					
Always checks clear before turning.					
Quality of climbing and descending turns.					
Quality of medium and steep level turns.					
Transition from cruise to slow flight is quick and efficient.					
HASELL checks done without prompting and complete.					
Stall symptoms verbalized, especially nominates a stall speed.					
Verbalizes recognition of the stall.					
Recovers correctly from any stall.					
Recovers correctly from any incipient / full spin.					
FLWOP of a high standard.					
Precautionary landing of a high standard.					
Manages aircraft under traffic conditions in the GFA.					
FREDA checks done without prompting and complete.					
Circuit joining procedure correct.					
Able to space efficiently throughout the circuit [plans ahead].					
Competent at flapped, flapless and glide approaches.					
Aware of wind direction / strength and effect on flight path.					
Was mentally alert during this lesson.					
Had rehearsed I done required preparation for this Lesson.					
Aware of position of other a/c via R/T reports & visually.					
Able to adapt to deviations from the norm: an airborne thinker.					
Ability to understand instructions					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

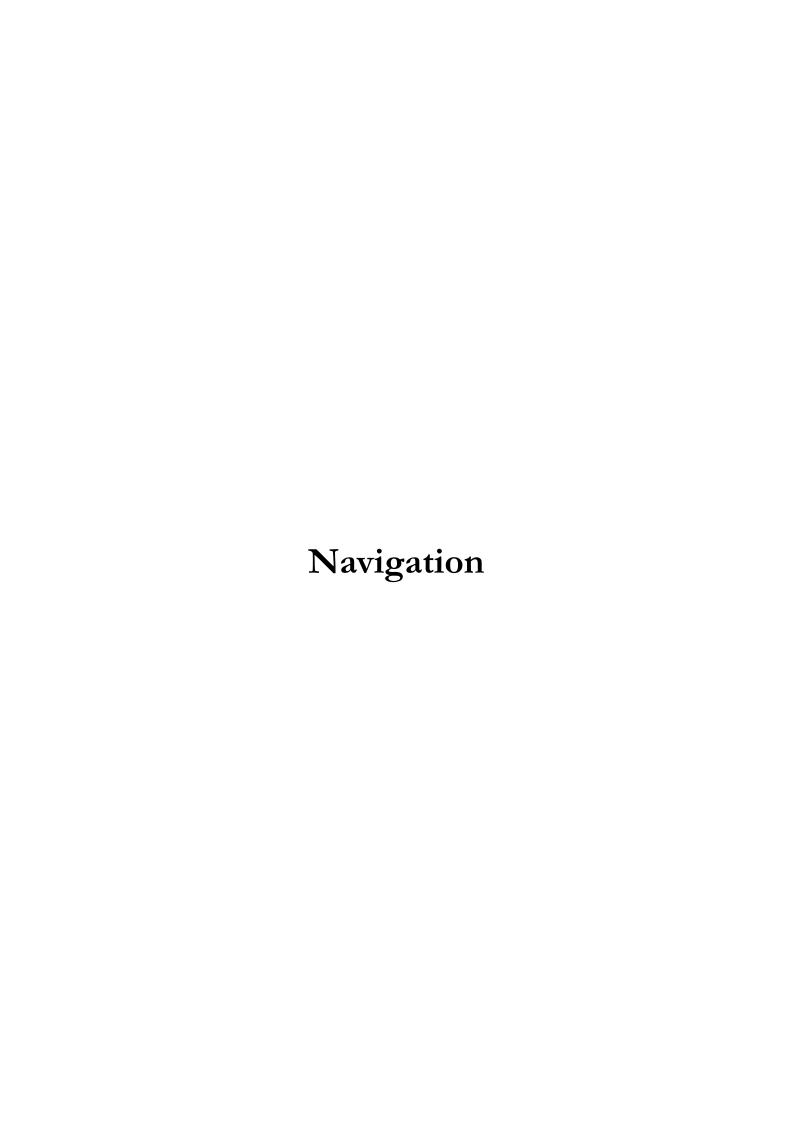
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Student	Name	:							
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This Lesson	n:						-		
Date:				Instruct					
Aircraft:				Registra	ition:				
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£	Exercises Completed				Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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Instructor Signature:			Briefing Time Spent:						
Student Signature:			De-Briefing Time Spent:						

Advanced Exercises Student:		Grading				
<u>Aspect</u>	А	В	С	D	N/A	
Quality of Ground checks.						
Safety / Crew / Emergency Briefings.						
Crosswind take-offs and landings.						
Quality of In-Flight checks / Vital Actions.						
Engine handling sequence and management acceptable,						
Radio calls made without prompting and of acceptable standard.						
Always checks clear before turning.						
Quality of climbing and descending turns.						
Quality of medium and steep level turns.						
Transition from cruise to slow flight is quick and efficient.						
HASELL checks done without prompting and complete.						
Stall symptoms verbalized, especially nominates a stall speed.						
Verbalizes recognition of the stall.						
Recovers correctly from any stall.						
Recovers correctly from any incipient / full spin.						
FLWOP of a high standard.						
Precautionary landing of a high standard.						
Manages aircraft under traffic conditions in the GFA.						
FREDA checks done without prompting and complete.						
Circuit joining procedure correct.						
Able to space efficiently throughout the circuit [plans ahead].						
Competent at flapped, flapless and glide approaches.						
Aware of wind direction / strength and effect on flight path.						
Was mentally alert during this lesson.						
Had rehearsed / done required preparation for this Lesson.						
Aware of position of other a/c via R/T reports & visually.						
Able to adapt to deviations from the norm: an airborne thinker.						
Ability to understand instructions						

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Student	Name	:							
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This Lesson	n:						-		
Date:				Instruct					
Aircraft:				Registra	ition:				
Training: I	PL .	N/R CPL	I/R	CONV					
Other:									
			J		C = Av				
£	Exercises Completed				Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hou	ırs Flown	Previ	ious Tota	ls This	Lesson		New Tot	als
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Instructor Signature:			Briefing Time Spent:						
Student Signature:			De-Briefing Time Spent:						



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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Navigation Training Student:		Gı	rad	ing	
<u>Aspect</u>	А	В	С	D	N/A
Quality of map preparation.					
Correctness of flight plan.					
Quality of On-Ground checks.					
Checks compass vs runway heading during line-up and slaves DI.					
Quality of In-Flight checks / Vital Actions.					
Standard of Airmanship.					
Engine handling & management.					
Timing and application of QNH to QNE and vice versa.					
Use of cruise climb speed.					
Flies 'Eyes outside' and not instrument fixated.					
Flies with Hands off control yoke / stick as much as possible.					
In-flight Map reading skills.					
Dead reckoning and Track crawling ability.					
Keeps Nav log up to date.					
Maintains required altitude – requires no prompting					
Maintains required heading — requires no prompting					
Aware of position along track / position off track					
Sufficient use of FREDA checks.					
Able to cope with an en-route diversion [dogleg].					
Aware of wind direction I strength and affect on flight path.					
Mentally Alert during this lesson.					
Had rehearsed / Done required preparation for this lesson.					
Unmanned aerodrome joining procedures satisfactory.					
Aware of position of other a/c via R/T reports.					
Maintains active Lookout for other a/c and notices nearby traffic.					
Use of Radio during various aspects of navigation.					
R/T phraseology and clarity of speech.					
Ability to use Nav-aids for positioning and homing.					
Other (Specify):					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
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Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
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Aircraft:		N/D CDI	I/D	Registra	tion:				
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Navigation Training Student:	Grading						
<u>Aspect</u>	А	В	С	D	N/A		
Quality of map preparation.							
Correctness of flight plan.							
Quality of On-Ground checks.							
Checks compass vs runway heading during line-up and slaves DI.							
Quality of In-Flight checks / Vital Actions.							
Standard of Airmanship.							
Engine handling & management.							
Timing and application of QNH to QNE and vice versa.							
Use of cruise climb speed.							
Flies 'Eyes outside' and not instrument fixated.							
Flies with Hands off control yoke / stick as much as possible.							
In-flight Map reading skills.							
Dead reckoning and Track crawling ability.							
Keeps Nav log up to date.							
Maintains required altitude – requires no prompting							
Maintains required heading – requires no prompting							
Aware of position along track / position off track							
Sufficient use of FREDA checks.							
Able to cope with an en-route diversion [dogleg].							
Aware of wind direction I strength and affect on flight path.							
Mentally Alert during this lesson.							
Had rehearsed / Done required preparation for this lesson.							
Unmanned aerodrome joining procedures satisfactory.							
Aware of position of other a/c via R/T reports.							
Maintains active Lookout for other a/c and notices nearby traffic.							
Use of Radio during various aspects of navigation.							
R/T phraseology and clarity of speech.							
Ability to use Nav-aids for positioning and homing.							
Other (Specify):							

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Comments:									
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	Instru	ment training							
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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
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Comments:									
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Comments:									
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	Instru	ment training							
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training Student:	Grading						
Aspect	Α	В	С	D	N/A		
Safety / Crew / Emergency Briefings.							
Altimeter Set, Compass Pre-checked, DI set to compass.							
Tuned, Identified and Tested radio navigation beacons.							
Obtained Take-off clearance and read back correctly.							
Intercepts and maintains pre- determined outbound track - NOB QDR.							
Intercepts and maintains pre- determined outbound track - VOR radial							
Climb at given ROC and speed.							
Timed climbing turns through 360° in 2 min. and gain 1000' at given speed.							
Level flight from cruise to slow flight and accelerate to cruise again.							
Steep level turns - full panel.							
HASELL checks.							
Limited panel flight - straight and level at nominated speeds.							
Limited panel flight - rate 1 turns onto given headings (without DI)							
Limited panel fight - recovery from unusual attitudes							
Limited panel flight - asymmetric control.							
Intercept QDMs / QDRs.							
Intercept VOR Radials inbound and outbound.							
FREDA checks.							
Holding – Identifying the entry.							
Holding - Entry procedures: direct entry.							
Holding - Entry procedures: parallel entry.							
Holding - Entry procedures: teardrop entry.							
Holding - Flying the hold proper.							
Letdown - Flying the letdown.							
Final approach – intercept and maintain QDM (NDB) or Radial (VOR) or localizer							
Final approach – glide path accuracy							
Missed approach procedure and accuracy.							
Simulated ground controlled approach / radar vectoring joining circuit to base.							

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training Student:	Grading						
Aspect	Α	В	С	D	N/A		
Safety / Crew / Emergency Briefings.							
Altimeter Set, Compass Pre-checked, DI set to compass.							
Tuned, Identified and Tested radio navigation beacons.							
Obtained Take-off clearance and read back correctly.							
Intercepts and maintains pre- determined outbound track - NOB QDR.							
Intercepts and maintains pre- determined outbound track - VOR radial							
Climb at given ROC and speed.							
Timed climbing turns through 360° in 2 min. and gain 1000' at given speed.							
Level flight from cruise to slow flight and accelerate to cruise again.							
Steep level turns - full panel.							
HASELL checks.							
Limited panel flight - straight and level at nominated speeds.							
Limited panel flight - rate 1 turns onto given headings (without DI)							
Limited panel fight - recovery from unusual attitudes							
Limited panel flight - asymmetric control.							
Intercept QDMs / QDRs.							
Intercept VOR Radials inbound and outbound.							
FREDA checks.							
Holding – Identifying the entry.							
Holding - Entry procedures: direct entry.							
Holding - Entry procedures: parallel entry.							
Holding - Entry procedures: teardrop entry.							
Holding - Flying the hold proper.							
Letdown - Flying the letdown.							
Final approach – intercept and maintain QDM (NDB) or Radial (VOR) or localizer							
Final approach – glide path accuracy							
Missed approach procedure and accuracy.							
Simulated ground controlled approach / radar vectoring joining circuit to base.							

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
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E		og Complete	J			= Excep			
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training Student:	Grading						
Aspect	Α	В	С	D	N/A		
Safety / Crew / Emergency Briefings.							
Altimeter Set, Compass Pre-checked, DI set to compass.							
Tuned, Identified and Tested radio navigation beacons.							
Obtained Take-off clearance and read back correctly.							
Intercepts and maintains pre- determined outbound track - NOB QDR.							
Intercepts and maintains pre- determined outbound track - VOR radial							
Climb at given ROC and speed.							
Timed climbing turns through 360° in 2 min. and gain 1000' at given speed.							
Level flight from cruise to slow flight and accelerate to cruise again.							
Steep level turns - full panel.							
HASELL checks.							
Limited panel flight - straight and level at nominated speeds.							
Limited panel flight - rate 1 turns onto given headings (without DI)							
Limited panel fight - recovery from unusual attitudes							
Limited panel flight - asymmetric control.							
Intercept QDMs / QDRs.							
Intercept VOR Radials inbound and outbound.							
FREDA checks.							
Holding – Identifying the entry.							
Holding - Entry procedures: direct entry.							
Holding - Entry procedures: parallel entry.							
Holding - Entry procedures: teardrop entry.							
Holding - Flying the hold proper.							
Letdown - Flying the letdown.							
Final approach – intercept and maintain QDM (NDB) or Radial (VOR) or localizer							
Final approach – glide path accuracy							
Missed approach procedure and accuracy.							
Simulated ground controlled approach / radar vectoring joining circuit to base.							

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
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Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training Student:	Grading						
Aspect	Α	В	С	D	N/A		
Safety / Crew / Emergency Briefings.							
Altimeter Set, Compass Pre-checked, DI set to compass.							
Tuned, Identified and Tested radio navigation beacons.							
Obtained Take-off clearance and read back correctly.							
Intercepts and maintains pre- determined outbound track - NOB QDR.							
Intercepts and maintains pre- determined outbound track - VOR radial							
Climb at given ROC and speed.							
Timed climbing turns through 360° in 2 min. and gain 1000' at given speed.							
Level flight from cruise to slow flight and accelerate to cruise again.							
Steep level turns - full panel.							
HASELL checks.							
Limited panel flight - straight and level at nominated speeds.							
Limited panel flight - rate 1 turns onto given headings (without DI)							
Limited panel fight - recovery from unusual attitudes							
Limited panel flight - asymmetric control.							
Intercept QDMs / QDRs.							
Intercept VOR Radials inbound and outbound.							
FREDA checks.							
Holding – Identifying the entry.							
Holding - Entry procedures: direct entry.							
Holding - Entry procedures: parallel entry.							
Holding - Entry procedures: teardrop entry.							
Holding - Flying the hold proper.							
Letdown - Flying the letdown.							
Final approach – intercept and maintain QDM (NDB) or Radial (VOR) or localizer							
Final approach – glide path accuracy							
Missed approach procedure and accuracy.							
Simulated ground controlled approach / radar vectoring joining circuit to base.							

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E		og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
L									
Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
L									
Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Instrument Training Student:		Gı	ad	ing	
Aspect	Α	В	С	D	N/A
Safety / Crew / Emergency Briefings.					
Altimeter Set, Compass Pre-checked, DI set to compass.					
Tuned, Identified and Tested radio navigation beacons.					
Obtained Take-off clearance and read back correctly.					
Intercepts and maintains pre- determined outbound track - NOB QDR.					
Intercepts and maintains pre- determined outbound track - VOR radial					
Climb at given ROC and speed.					
Timed climbing turns through 360° in 2 min. and gain 1000' at given speed.					
Level flight from cruise to slow flight and accelerate to cruise again.					
Steep level turns - full panel.					
HASELL checks.					
Limited panel flight - straight and level at nominated speeds.					
Limited panel flight - rate 1 turns onto given headings (without DI)					
Limited panel fight - recovery from unusual attitudes					
Limited panel flight - asymmetric control.					
Intercept QDMs / QDRs.					
Intercept VOR Radials inbound and outbound.					
FREDA checks.					
Holding – Identifying the entry.					
Holding - Entry procedures: direct entry.					
Holding - Entry procedures: parallel entry.					
Holding - Entry procedures: teardrop entry.					
Holding - Flying the hold proper.					
Letdown - Flying the letdown.					
Final approach – intercept and maintain QDM (NDB) or Radial (VOR) or localizer					
Final approach – glide path accuracy					
Missed approach procedure and accuracy.					
Simulated ground controlled approach / radar vectoring joining circuit to base.					

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
L									
Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Test Preparation

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
L									
Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

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Student	Name	:							
		Wx:		Wind:		R	Rwy:		
This Lesso	n:								
Date:				Instruct					
Aircraft:		N/D CDI	I/D	Registra	tion:				
Training: 1	PPL	N/R CPL	I/R	CONV					
Other:									
E	.	og Complete	J			= Excep			
E	xerciso	es Complete	<u>u</u>	-	Rating:	A	В	C D	E
Safety Topic	:								
Comments:									
	Hot	urs Flown	Previ	ious Total	ls This	Lesson		New To	tals
		Dual							
		Solo							
_		Total							
	Instru	ment training							
L									
Instructor Si	gnatur	e:		Briefi	ng Time S	pent:			
Student Sign	ature:			De-Bı	riefing Tin	ne Spent	t:		

Dual / Progress Check Student:	Grading				
<u>Aspect</u>	А	В	С	D	N/A
Quality of pre-flight checks.					
Quality of ground checks.					
Taxying skill.					
Safety / Crew / Emergency Briefings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Feels/hears & responds to changes of engine pitch & airframe vibrations.					
Pre-selects and maintains correct a/c attitude after changes.					
Flies "Eyes Outside"					
Handling of control yoke/stick as light as possible (Light touch)					
Elevator/Rudder Trimming skill.					
Can maintain given altitude/heading/airspeed, requires no prompting.					
Demonstrates co-ordinated use of controls during flight.					
Monitors engine and electrical gauges during flight.					
Skill at slow flight and transition from slow to cruise and vice versa.					
Aware of wind direction/strength and effect on flight path.					
Is mentally alert during the lesson.					
Readiness and preparation for the lesson.					
Aware of own position in training area/circuit at all times					
FREDA checks done without prompting and complete.					
Circuit joining procedure correct.					
Aware of position of other a/c via R/T reports.					
Maintains active lookout for other a/c and notices nearby traffic.					
Radio calls of acceptable standard.					
Log book neat, legible and up-to-date.					
Aware of and understands any mistakes made during the lesson.					
Standard of airmanship.					
Able to adapt to deviations from the norm: an airborne thinker.					
Other (specify):					

Dual / Progress Check Student:	Grading				
<u>Aspect</u>	А	В	С	D	N/A
Quality of pre-flight checks.					
Quality of ground checks.					
Taxying skill.					
Safety / Crew / Emergency Briefings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Feels/hears & responds to changes of engine pitch & airframe vibrations.					
Pre-selects and maintains correct a/c attitude after changes.					
Flies "Eyes Outside"					
Handling of control yoke/stick as light as possible (Light touch)					
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Dual / Progress Check Student:	Grading				
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Quality of ground checks.					
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Safety / Crew / Emergency Briefings.					
Quality of In-Flight checks / Vital Actions.					
Engine handling sequence and management acceptable,					
Feels/hears & responds to changes of engine pitch & airframe vibrations.					
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<u>Aspect</u>	А	В	С	D	N/A
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Quality of ground checks.					
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Safety / Crew / Emergency Briefings.					
Quality of In-Flight checks / Vital Actions.					
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